Preparing for Adulthood (PFA)

The PFA transition document must be completed by all children/young people with an EHCP in Year 9, 10 and 11.

Schools must provide information, advice and guidance to all pupils from Year 8 to support them to plan for their future.

From Year 9, the annual review of your Education Health Care Plan (EHCP) will focus on supporting you to prepare for your life as an adult.

This transition document is intended to support you to start to plan for your future and will help those working with you to understand your needs and identify the most appropriate provision to put in place so that you work toward achieving the following outcomes that will support you to be prepared for adulthood:

* Further/higher education employment and training
* Living independently
* Being included within the community
* Maintaining good health

When you leave school at the age of 16 your views must be taken into account when planning provision within your EHCP, you may want to involve your parents in decision making but you do not have to.

Please make sure you have access to information, advice and guidance (IAG) to support you to make important career decisions. Your school should supply this.

The Shropshire [Local Offer](http://www.shropshire.gov.uk/the-send-local-offer) website is a single place for information, services, and resources for young people up to age 25 with special educational needs and / or disabilities, their families, and the practitioners who support them. You can find out about:

* [Annual health checks](https://www.shropshire.gov.uk/the-send-local-offer/health/)
* [Further education](https://www.shropshire.gov.uk/the-send-local-offer/education/nurseries-schools-and-colleges/shropshires-local-further-education-providers/)
* [Training providers, supported internships and apprenticeships](https://www.shropshire.gov.uk/the-send-local-offer/preparing-for-transition-into-adulthood/careers-and-employment/pathways-to-employment/)
* [How you can be supported to prepare for adulthood](https://www.shropshire.gov.uk/the-send-local-offer/preparing-for-transition-into-adulthood/housing-and-independent-living/)
* [How to access a service from adult social care](https://www.shropshire.gov.uk/the-send-local-offer/preparing-for-transition-into-adulthood/preparing-for-adulthood-adult-social-care-process/)
* [Housing options](https://www.shropshire.gov.uk/the-send-local-offer/preparing-for-transition-into-adulthood/housing-and-independent-living/)