

## Responding to suicide risk in the workplace

### **If the suicide attempt seems imminent or the person has already harmed themselves:**

- Get urgent medical or crisis support from mental health services as soon as possible
- Call an ambulance on **999** or recommend that the person attends their local A&E department. In Shropshire: Princess Royal Hospital in Telford or Royal Shrewsbury Hospital in Shrewsbury
- [Shropshire Access Team](#) – for information in a crisis, advice, guidance, in relation to adult mental health issues: **0808 196 4501**
- **Primary Care: GP** – can make referrals to other appropriate services, or discuss options of medication if appropriate

### **If person is resistant to receiving help:**

- You may need to contact the emergency services or seek advice from mental health services, details as above, without their consent
- Always try to explain why you feel you need to do this with the individual
- Primary Care: GP – can make referrals to other appropriate services, or discuss options of medication if appropriate

### **If the person is able to confirm, in a calm and rational manner, that they will follow agreed steps and maintain their own safety:**

- You may agree to part company with an agreement to follow-up contact between you (for example, the employee to telephone you on their arrival home to family or after their GP appointment). If necessary, a police safety check can be requested.

### **Seek support for yourself**

Talk through the situation with your own manager.

You can also speak to our counselling provider

[NOSS](#) on: **01978 780479**

For more information – [3 Steps to Prevent Suicide](#)