NAME AND ADDRESS OF SERVICE PROVIDER	DESCRIPTION OF THE SERVICE THEY PROVIDE	HOW TO CONTACT THEM	CHARGES	AREA COVERED BY THE SERVICE
Louise House Roman Road Shrewsbury SY3 9JN	Provide free, confidential and impartial information, advice and advocacy on all aspects of disability, to people with disabilities, and their families. Advice on benefits and claims and help with form filling. Community Legal Service specialist legal aid support. Specialist advice on welfare benefits, community care, debt and housing issues. Act as an alternative office for The Pension Service. Advice and Advocacy to challenge Department for Work and Pensions, HM Revenue and Customs, Care in the Community, Social Security. Commissioner decisions and representing at tribunals. Advice on appealing against Blue Badge decisions. Support services: Counselling, Foot Health Care. The guidelines of the organisation are that the service should be managed and delivered by people with a disability or close experience of a disability	Post: A4U Louise House Roman Road Shrewsbury SY3 9JN E mail: advice@a4u.org.uk Fax: 01743 251521 Helpline: 0845 602 5561 Available Monday, Tuesday and Wednesday 10.00 am to 3.00 pm	No Charge	Anyone living in the Shropshire Council and Telford & Wrekin Council areas
BRIDGE HOUSE CARE LIMITED Wappenshall Telford TF6 6DE	Provides a unique day care service for people recovering from life changing events, usually physical harm or surgery, serious long term conditions and particularly, shattered self confidence. Clients are under 65 years old Specialises in helping younger people with dementia, but most conditions are considered	Post: Bridge House Day Care Wappenshall Telford TF6 6DE Telephone: 01952 676 953 E-mail: enquiries@bridgehousecare.co.uk	Charges assessed on each individuals needs	Anyone living in the Shropshire Council and Telford & Wrekin Council areas

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	The range of in-house treatments and natural therapies on offer include: - support & counselling for an individual or family - computer classes (ECDL) & adult learning skills - hydrotherapy bath - chiropody - speech therapy - therapeutic massage and reflexology - aromatherapy - yoga and movement therapy - facials, manicure and pedicure - crafts and gardening - hairdressing All services are provided by permanent staff.	Opening hours 8.00am to 6.00pm Monday to Friday		
Shropshire County Council Unit 7 Featherbed Lane Shrewsbury SY1 4NS	Shrewsbury Dial-a-Ride is an accessible minibus service operating within a ten-mile radius of Shrewsbury town centre. If you do not have the use of a car or you find it difficult or even impossible to use public transport, then this is the service for you. Operates Monday to Friday from 8.45 am to 4.00 pm Provides a friendly door-to-door service. Offers a priority booking service for journeys required for medical purposes. Requires members to be flexible about all non-urgent journey times	Post: Dial A Ride Scheme (Shrewsbury) Shropshire County Council Unit 7 Featherbed Lane Shrewsbury SY1 4NS Tel: 01743 450350 E mail: shrewsbury.dialaride@virgin.net Web: http://www.shropshire.gov.uk/community.nsf	Annual membership fee of £15 The fare for a journey is £3.50 each travel tokens. Bus passes and tokens can be used .	Anyone living within a 10 mile radius of Shrewsbury

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	Needs all journeys to be booked from 48 hours before the time required to travel Community Cars for the Shrewsbury area Weekend trips & Sunday Lunch Club Group Hire facility (driver supplied) All volunteer drivers and passenger escorts receive accredited training.			
HEADWAY SHROPSHIRE Holsworth Park, Oxon Business Park, Shrewsbury, Shropshire. SY3 5HJ	Are a local charity that was set up by people who had experienced the effects of Head and Brain Injury. For people who have a head injury because of an accident, a fall, assault, stroke, surgery or illness. Provides specialised support for people with acquired brain injury, their carers, family and friends, through day services, This service is provided by permanent staff and volunteers.	Post: Headway Shropshire, Holsworth Park, Oxon Business Park, Shrewsbury, Shropshire. SY3 5HJ Telephone: 01743 365271 Email: linda@headwayshropshire.org.uk	There is no charge for the outreach service which offers advice and information and sign posts to other services. For all other services you would need to telephone Headway for a cost which would be tailored to your individual needs.	Anyone living in the Shropshire Council and Telford & Wrekin Council areas

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INDEPENDENT LIVING The Lantern Meadow Farm Drive Shrewsbury SY1 4NG	Offers occupational therapy services providing information, advice and consultations for the use and identification of appropriate equipment to enable independence. This includes help with Mobility, Kitchen - Dressing - Toilet - Bath - Seating - Showering - Bed - Sales	Post Independent Living Partnership Ltd The Lantern Meadow Farm Drive Shrewsbury SY1 4NG Telephone: 01743 210820 Fax: 01743 466578 E mail: Info@ilp-ltd.co.uk	Offers a catalogue with competitive prices, you may pop in and request a catalogue any time or if you prefer you can Download one straight to your PC	Shropshire
NATIONAL ANKYLOSING SPONDYLITIS SOCIETY 14 Clarkfields Bayston Hill Shrewsbury SY3 0ES	If you or someone you know has ankylosing spondylitis they can tell you all you will probably want to know about the condition. This is not a medical service just a support service. It is staffed by volunteers	Post: Mrs. Pauline Rabin 14 Clarkfields Bayston Hill Shrewsbury SY3 0ES Telephone: 01743 874718 E mail: Pauline.rabin@btinternet.com	Free	Shropshire
PCAS (Peer Counselling and Advisory Service) Powis Hall Offices Bailey Head Oswestry	PCAS is an advocacy service for people with any type of disability, helping people who live in Shropshire or Telford and Wrekin boroughs. We work with all age groups, any ethnicity and we offer long term help and support.	Post: PCAS Powis Hall Offices Bailey Head Oswestry Shropshire SY11 1PZ		Shropshire
Shropshire SY11 1PZ	The dictionary definition of advocacy is a person who supports or speaks in favour of an argument, cause or policy. However, at	Telephone : 01691 658008 Fax : 01691 658055		

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	PCAS we simply aim to listen to people, put forward their viewpoint and support their rights as an individual. Also operates a befriending service called CHUMS	E-mail: simon.arthur@btconnect.com Web Site: www.shropshirepcas.co.uk	Deferred from Lead	Chronobiro
PENDERELS TRUST Unit 1 Pimley Barns Pimley Manor Sundorne Road Shrewsbury SY4 4SD	Penderels Trust is a registered charity and a limited company. It was set up to assist people with physical disabilities to lead more independent lives We can help people with:- Sensory Impairment Learning Difficulties Affected by HIV/AIDS Children & Young People with disabilities Users of Mental Health Services Older People Carers. Service provided by permanent members of staff.	Post:- Penderels Trust Unit 1 Pimley Barns Pimley Manor Sundorne Road Shrewsbury SY4 4SD Telephone: 01743 350174 Fax: 01743 245170 E mail: Shropshire@penderelstrust.org.uk	Referral from Local Authority	Shropshire
REMAP SHROPSHIRE 83 Underdale Road Shrewsbury SY2 5EF	REMAP works with a nationwide network of volunteers to support and help people with disabilities to achieve much-desired independence in some aspect of their lives, or to enjoy leisure opportunities previously closed to them. They provide equipment tailor-made by volunteer experts that are given free to the people who need them Service provided by volunteers	Post: Remap Shropshire 83 Underdale Road Shrewsbury SY2 5EF Telephone: Steve Bloor 01743 340237 Ms V Evans 01952 810355 E mail: steve@sbloor.freeserve.co.uk Website: www.remap.org.uk	Free	Shropshire

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NOTTINGHAM REHAB LIMITED Clinitron House Excelsior Road Ashby De La Zouch Leicestershire LE65 1JG	Provides products to enhance and enable people to maintain their independence and comfort of lifestyle. Currently has over 3,500 Daily Living Aids. Online catalogue	Post: Nottingham Rehab Limited Clinitron House Excelsior Road Ashby De La Zouch Leicestershire LE65 1JG Telephone: 0845 120 4522 Monday to Friday 8.30 am to 5.00 pm E mail: productadvice@nrs-uk.co.uk customerservice@nrs-uk.co.uk		Nationwide
SHROPSHIRE CARE AND REPAIR (ANCHOR) Fountain Court Oxford Squires Business Park, Kidlington, Oxon EX5 1NZ	Home Improvement Agencies (HIAs) and Care and Repair help elderly people, disabled and other vulnerable people make adaptations to the homes they own. They are supported by Government and local authorities, and are non for profit organisations. A Home Improvement Agency will give information, advice and support to older homeowners who need repairs or improvements to their homes, or the assistance of a handyperson for decorating or gardening. The HIA will assess an elderly home owner's needs and advice on practical, financial and legal matters related to adapting the home, repairing or insulating it. The main purpose of Home Improvement and Care and Repair agencies is to help elderly people continue to live as independently as possible.	Post: Anchor Staying Put – Shropshire Unit 3 Darwin Court Oxon Business Park Shrewsbury Shropshire SY3 5AL Telephone: 01743 354978 Fax: 01743 356819	Costs vary according to work carried out.	Shropshire

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SHROPSHIRE VOLUNTARY ASSOCIATION FOR THE BLIND SVAB Office The Lantern Meadow Farm Drive Harlescott Shrewsbury SY1 4NG	It is a registered charity that helps and supports blind and visually impaired people of all ages in Shropshire and Telford and Wrekin. SVAB's aim is to improve the quality of life of visually impaired people of all ages who live in Shropshire, Telford and Wrekin. Our work includes the following • providing grants to help visually impaired people to acquire specialist aids and equipment; • organising and providing major social events; • supporting a network of local social groups for visually impaired people who meet in every part of our area by funding room rentals, transport and refreshments; • operating and maintaining a Mobile Resource Unit that visits all parts of our area, with essential information and displays of aids for those with visual impairment; • organising an annual group holiday; acting as the local agent for the British Wireless for the Blind Fund services;	Post: SVAB Office The Lantern Meadow Farm Drive Harlescott Shrewsbury SY1 4NG Telephone: 01743 210808 E mail: SVABadmin@shropshire.gov.uk		Shropshire

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SHROPSHIRE VOLUNTARY HELPING HANDS SOCIETY 10 Lime Tree Way Wellington Telford TF1 3PJ	Organises social activities for anyone with a physical disability. This could be a trip to a theatre, the seaside or other light entertainment. Transport and a meal would be provided free of charge. Service is available to anyone between the ages of 16 and 65.	Post: Shropshire Voluntary Helping Hands Society 10 Lime Tree Way Wellington TELFORD TF1 3PJ Telephone: Mr Robin Hood 01952 252243 Fax: 01952 412086	Free	Bridgnorth, Oswestry and South Shropshire
VISS – SIGN LANGUAGE INTERPRETING SERVICE (SHROPSHIRE) LTD The Lantern Meadow Farm Drive Harlescott Shrewsbury SY1 4NG	Sign language interpretation for people with a hearing impairment. Lip speaking service for people would us lip reading as their preferred communication. BSL Translation – translation of minutes or letters into DVD format	Post: VISS – Sign Language Interpreting Service (Shropshire) Ltd. The Lantern Meadow Farm Drive Harlescott Shrewsbury SY1 4NG Telephone: 01743 210850 Monday to Friday 9.30 am to 5.00 pm Fax: 01743 461349 E Mail: paul@btconnect.com	Free to service users	Anyone living in the Shropshire Council and Telford & Wrekin Council areas