

YOUNG ADDACTION
SHROPSHIRE

SMARTER

SCREENING TOOL

SUBSTANCE

MISUSE AND

RISK

TAKING EARLY

REFERRAL

young

addaction



Shropshire
Recovery
Partnership

SCREENING TOOL

The SMARTER screening tool will indicate when specialist advice should be sought for a young person, the tool will enable the identification of risk factors. However, the SMARTER screening tool will not provide a Comprehensive Specialist Substance Use Assessment

The form is devised into sections designed to assess risk factors regarding:

Section 1: At Risk Groups

Section 2: At Risk situations

Section 3: Substance Use

Instructions:

Complete the form, ticking the box that is the most appropriate response, ask the young person open questions to gain an insight into their substance misuse and what risk it involves for the young person. A scoring system is employed in the Substance Use section. The scores should be added up and the total written in total section

Please complete all of the following sections.

RISK FACTORS

SECTION 1- AT RISK GROUPS

I am a Looked After Child (LAC)/ young person.

I am excluded from School/College.

I am a regular truant/ non attender.

I am involved with YOS or Probation Service.

I have a Social Worker.

I have a learning disability or development disorder e.g. ADHD, Asperger's.

I am currently receiving support from CAMHS
Or have in the past.

I have family members who have mental health
Problems.

I am a young carer

SECTION 2 - AT RISK SITUATIONS

I am homeless, living in supported accommodation, temporary accommodation or sofa surfing.

I have been involved in anti-social behaviour or crime.

I have had repeated accidents/injuries or self-harm when under the influence of drugs or alcohol.

I have been under the influence of drugs or alcohol at School or other settings e.g. College.

I have caused others to become concerned about my lifestyle e.g. missing from home.

I have regular, unplanned unprotected sex.

Any further relevant information:

SECTION 3 - SUBSTANCE MISUSE

Do you use substances?

0	No substance use			
2	Cannabis	Ecstasy	Amphetamines	Meow/Mcat
	Cocaine	Alcohol	Solvents	Ketamine
	LSD	NPS	Other	(please state) _____
5	More than one drug at a time or mixing drugs and alcohol			
5	Heroin/Methadone	Crack Cocaine	GHB	
	Other Opiates	(please state)	_____	

How often do you use?

1	Occasional– Less than once a week
3	Regular - More than once a week
5	Daily

Do your friends use substances?

0	No substance using friends
1	Some use—some don't
3	All friends use

Are there any problems with substances in your family?

0	No problematic use in family
5	Problematic drug/alcohol use among close family members

Do you feel the need to use substances to cope with life?

0	I do not need substances to cope
2	I sometimes need substances to help me cope
5	I can not cope with substances

Young Person's views:

Do you think your substance use is a problem?	Y	N
Do you want to change your substance use?	Y	N
Do you want to see a young person's drugs worker?	Y	N

Scoring Table



SCORE (from SECTION 3)

0-4 Give advice if no other risk factors from Sections 1 and 2 are present. If other risk factors are present in addition to substance misuse, consider make a referral to Young Addaction.

5-12 Consider seeking advice BUT if one or more risk factors from Sections 1 and 2 are present, make a referral to the Young Addaction team.

13 + Refer to Young Addaction by completing the Referral Form on page 10.

To work out scores:

Add figures of left column where there is a tick.

If you have any queries concerning this screening tool, please contact Young Addaction on 01743 294700.

SCREENING TOOL—DRUGS GLOSSARY

Amphetamine: Speed, whiz, sulphate, phet, base, paste, dexies (Dexedrine). Methamphetamine is the strongest form of speed – ice or crystal (smokeable form); methedrine (powder form); crank; tina or meth.

Benzo Fury: Effects similar to MDMA (psychedelic/stimulant) – Class B

Cannabis: Herbal: Weed, green, skunk, ganja, bush, bud, herb, sensimelia, shake. Skunk can be known by breed of plant – White Widow, Northern Lights, Bubblegum etc.

Resin: Solid, hash, pollen, slate, rocky (Moroccan), black, squidgy black.

Hash oil: Cannabis in liquid form – very rare in the UK.

General: Pot, dope, blow, wacky baccy, spliff. Sometimes cannabis is referred to by weight – 1 gram = £10.00; an eighth (a Henry); a quarter or an ounce. A 'nine bar' is 9 oz of cannabis resin.

Dabbing: Dabs are concentrated doses of cannabis that are made by extracting THC and other cannabinoids using a solvent like butane or carbon dioxide, resulting in sticky oils also commonly referred to as wax, shatter, budder, and butane hash oil (BHO).

Cocaine Powder: Coke, posh, Charlie, white, snow.

Codeine: Lean, Syrup, Nurofen Plus/Max, Purple Drank. Codeine is a narcotic and has similar effects to the other opiates. It is a pain reliever and a cough suppressant and is controlled under Class B of the Misuse of Drugs Act.

Crack Cocaine: Rocks, stone, base, freebase.

Ecstasy: E, pills, MDMA – street name for MDMA powder is mud. Ecstasy is often known by the image stamped on the pill ie Mitsubishi, doves etc.

Similar drugs are MDA (Adam) and MDEA (Eve). Other ecstasy type drugs are 4-MTA (Flatliners) and 2CB.

GBL: Known as Blue Nitro. GBL turns into GHB once it is swallowed

GHB: G, liquid ecstasy (not chemically related to ecstasy). A powerful sedative drug with strong potential for dependency in regular users. Very dangerous mixed with alcohol.

Heroin: Smack, gear, brown, scag, H, horse, junk, china white. Often referred to by price eg 'a ten bag or twenty bag'.

Smoking heroin is called 'tooting' or 'chasing the dragon'. Injecting is sometimes referred to as 'digging', 'pinning' or 'shooting up'.

Ivory Wave: Stimulant drug – Ivory Wave is now a Class B drug.

Ketamine: K, Special K, Vitamin K, Ket, it is often referred to as a horse tranquilliser. It is now a Class B drug

SCREENING TOOL—DRUGS GLOSSARY

NPS (Legal Highs):

Cannabinoids:

Super Lemon haze; Super Strawberry haze; Black mamba; Pandora's Box; Exodus Damnation; Psyclone; Cherry bong

Hallucinogens:

Clockwork Orange

Stimulants:

Go Gaine; Charley Sheen; Pink Panther

Nitrous Oxide:

Mr Whippy; Laughing Gas

LSD:

Acid, trips, microdots (tiny tablets), blotters (LSD on a small square of paper – sometimes the name is the picture on the blotter)

Meow:

Is the name for Mephedrone (Methylmethcathinone). It is also called M-CAT, Drone or Bubbles. It is a powerful ecstasy-like stimulant. Now a Class B drug.

NRG1:

Is a very powerful stimulant and potentially dangerous. Now a Class B Drug

Other opiates:

Methadone (physeptone)

Subutex (buprenorphine)

Dihydrocodeine (DF118)

Diconal – known as 'pinkies'

Prescription Drugs: Commonly abused classes of prescription drugs include opioids (for pain), central nervous system (CNS) depressants (for anxiety and sleep disorders), and stimulants (for ADHD and narcolepsy). Such as Co-Codamol, Xanax and Tramadol.

Solvents or volatile

Substances:

There are many individual products which can be sniffed or 'huffed' – the most common is butane gas (lighter refill)

Please note: This glossary is not exhaustive! Street names for drugs can vary from town to town and between peer groups. Many of the new drugs/legal highs sold over the internet may not contain what is advertised – some can contain illegal drugs.

Useful websites:

www.drugscope.org.uk/

both contain drugs information and glossaries

www.talktofrank.com

www.erowid.org

has comprehensive scientific, photographic and user-based information

www.drugs.com

has information about prescription and over-the-counter medicines

Or you can phone the Young Addaction on 01743 294700 or email info@shropshirerecovery.com

REFERRAL FORM

Name of Referrer:	
Agency:	
Contact Address:	
	Postcode:

Young Person's details:

Name:	DOB:
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Male

Female

Address:	
	Post Code:
Telephone (home):	
Telephone (mobile):	
Can young person be contacted at home?	Yes No

Young Person's consent:

Do you give permission to send a copy of the Screening Tool to Young Addaction?		
Yes	No	Signature:
Date referral form sent:		

Send form to:

Young Addaction Shropshire

1st Floor, Crown House

St Mary's Street

Shrewsbury

SY1 1DS

Tel: 01743 294700

Fax: 01743 259650

Email: info@shropshirerecovery.com

Keep a copy of this form for your reference

This form will not be passed onto any other agency without your permission. Except if another child or young person is being abused or if you say you are going to hurt yourself or someone else.