



Early Help Multi-agency Training Schedule 2024

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Revised 14/8/2023

INTRODUCTION

Shropshire Supporting Families Team currently delivers multi-agency early help training modules virtually via Microsoft Teams or face to face in venues in Shrewsbury. Our training is aimed at any professionals or volunteers from all agencies who work with children, young people or their families in Shropshire.

Cost

All Early Help virtual training is FREE of charge to any professional/volunteer working with children, young people or their families in Shropshire.

Protocol for Learners attending multi-agency training

When applying for training:

- Upon booking a course there is a 'Special Requirements' box which a learner must ensure they have completed if they have any specific requirements which may affect their learning or the way training is delivered eg dyslexia, a visual impairment or is not confident using in using technology. This information will be picked up on the attendance sheet for the training so we can contact you to discuss what needs to be done to ensure the best training environment for you.
- Alternatively you can email <u>tracey.bowen@shropshire.gov.uk</u> to advise the date of training and your requirements so that we can adapt the training where possible and notify our trainers to give you the best training environment possible.

For Virtual Training:

- Each learner must have their own device suitable for virtual training such as a laptop or PC (tablets and mobile phones must not be the main device for accessing training as they have limited functionality).
- Laptop or PC should have an active microphone and camera.

- Laptop or PC must be able to play videos.
- Learners are not able to share a laptop or PC with a colleague as the training requires each learner to comment and interact during the session.
- Log into the Teams session at least 5 minutes prior to the start time of the session
- Learners must record their name, agency and job title in the chat for the online session, to evidence attendance.
- Learners will be expected to use the chat facility throughout the training.

For Face to Face Training:

• Please ensure you have received full confirmation details at least one week prior to the training and familiarise yourself with these.

For All Training:

- If you can no longer attend, please log into your Leap learner record and cancel your place or email <u>tracey.bowen@shropshire.gov.uk</u> Please give as much notice as possible so that your place can be offered to someone on the waiting list.
- Learners arriving 10 minutes after the start time may not be allowed to join the session and will have to re-book for another date.
- If a learner needs to leave unexpectedly during the session, they will not be certificated and will need to re-book on a later date.
- If the training being accessed has sensitive content, then the learner needs to ensure that they are accessing training from an appropriate location (eg. not allowing children to overhear content) and that they themselves are happy to attend the training at this time.
- Information from the training are shared electronically via a Padlet following each training course.
- Following attendance, each learner will be required to complete an initial evaluation within one week of the training and then a 2nd, impact evaluation approximately 12 weeks after the training. Reminder emails will be sent.
- Certificates will be available to download after a learner has completed the initial evaluation.

How to Book

We use Shropshire Council's Leap into Learning management system for the booking of all Early Help multi-agency training.

Those who are registered with Leap into Learning should book Early Help multi-agency training by <u>logging in to their Leap into Learning learner record</u>, using their username (their email) and the password they have set up.

If you are not registered with Leap into Learning then please

email <u>tracey.bowen@shropshire.gov.uk</u> to register a new account. We will require your Name – Agency – Job Title – Email (this must be an individual email account <u>not</u> a team or generic email). You will be sent a request to set a password for you Leap into Learning account and can then search for Early Help training to book onto.

All delegates will receive acknowledgement of their booking and will be sent a calendar invite which will, if the course is delivered by Microsoft Teams, have the link to click on connect into session.

Learners will need to log into your Leap learner record to cancel from any training session.

Any questions regarding the content of any Early Help training session please contact Tracey Bowen the Supporting Families Training Administrator via email <u>tracey.bowen@shropshire.gov.uk</u> or phone 01743 254370

Brook Sexual Behaviours Traffic Light Tool

Brook's nationally recognised Sexual Behaviours Traffic Light Tool can only be used by professionals who have been trained and licensed to use the resource. We offer interactive, face to face, half day multi-agency training which provides us all with a shared language and allows for a multi-agency response to help professionals identify, understand and respond appropriately to sexual behaviours in young people. The training and accompanying Traffic Light Tool equip professionals to make consistent and informed decisions that neither stigmatise nor criminalise young people.

Participants will learn about healthy sexual development, understand key laws relating to sexual behaviour and gain knowledge on enabling robust and meaningful conversations around harmful sexual behaviours that cause concern.

All participants will receive a hard copy of the tool to support their learning and a pdf of the tool for future reference. They will also have access to a digital version of the Tool and certificate upon completion and must sign up to receive updates from Brook.

Dates – final dates for this training

- Wednesday 17th April 2024 from 1pm to 4.30pm at The Lantern, Shrewsbury
- > Tuesday 23rd April 2024 from 9.30am to 1.00pm at The Lantern, Shrewsbury
- > Wednesday 1st May 2024 from 10am to 1.30pm at Oswestry Fire Station
- > Monday 20th May 2024 from 10am to 1.30pm at Bridgnorth Fire Station

No further dates will be added.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Chronologies and Significant Events

According to Professor E. Munro, "the best predictor of future behaviour is past behaviour" (2008). However, if we are not able to review patterns of behaviour, engagement and protective factors, as well as concerns and potential risks, we do not have access to this valuable information. The purpose of a chronology is to record significant concerns, events or incidents that impact (positively or otherwise) on a child or young person's wellbeing. This may be a single agency chronology or record of significant events or may be a multi-agency integrated chronology.

If you work with families, understanding the importance of a good chronology is vital. This introductory session will enable practitioners from a range of agencies to

- Understand what a chronology or record of significant events is (and isn't) and the purpose of recording and sharing information
- Identify elements of good practice, including what is significant for that child or may constitute a key event
- Recognise how a chronology can help make links between the past and the present and how this may impact on the child
- Demonstrate the value of a chronology, especially where there may be no single 'incident' e.g. in families where there may be concerns around neglect
- Review a chronology template

Dates

- > Wednesday 28th February 2024 from 10am to 12noon at Shirehall, Shrewsbury
- > Thursday 6th June 2024 from 1pm to 3pm at the Lantern, Shrewsbury

Further dates will be added later in the year.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

EHM - Gateway to using the Early Help Module of Liquidlogic

This online, introductory module is for everyone who works with children, young people and their families. The module is a video which will take about 30 minutes to complete.

Completion of this module will allow you read-only access to EHM, the Early Help Module of Liquidlogic, where an Early Help episode can help multi-agency partners to record and share information securely.

Once you have completed the Gateway online training you will then need to book to attend the face to face 2-hour course <u>Using EHM to Manage an Early Help Episode</u> and then you will be given full access to the EHM system.

To register for using EHM your organisation needs to sign up to the Information Sharing Agreement through Shropshire Supporting Families. To check if your agency is signed up to this agreement please contact the Shropshire Supporting Families Team via email <u>SupportingFamiliesTeam@shropshire.gov.uk</u>

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

EHM - Using Early Help Module (EHM) to Manage an Early Help Episode in Shropshire

Have you completed the Gateway to using the Early Help Module of Liquidlogic on Leap into Learning? Would you like to have a small group training session to familiarise yourself with the functionality of EHM and use the system to manage an early help episode?

The Early Help Module (EHM) of Liquidlogic is the multi-agency case recording system for early help, targeted early help and the Supporting Families outcomes. EHM will allow agencies to share information about families confidently, thus avoiding duplication and ensuring families get the right service at the right time. Additionally, EHM will link to both adults and children's social care, with the aim of promoting a more sustainable and joined up way of working. Targeted Early Help will only accept a request for intervention through EHM.

To support use of EHM, we are offering 2-hour sessions to small groups of practitioners who have completed their Gateway online training. This will give delegates an opportunity to familiarise themselves with the functionality of EHM and work through how to manage a case using the database to share relevant information with partners, including how to request a targeted level of support for the family.

PRE-REQUISITE - Delegates must complete the <u>Gateway to using the Early Help Module of</u> <u>Liquidlogic on Leap into Learning</u> before booking onto the Early Help Introduction to Liquidlogic EHM support session. The Gateway to using the Early Help Module of Liquidlogic is an introductory e-learning module for everyone who works with children, young people and their families. Completion of this module will give you access to EHM, the Early Help Module of Liquidlogic, where an Early Help episode can help multi-agency partners to record and share information securely.

Dates

- Wednesday 17th January 2024 from 2pm to 4pm at Shirehall, Shrewsbury
- → Wednesday 31st January 2024 from 1pm to 3pm at Ludlow Fire Station
- → Thursday 1st February 2024 from 1pm to 3pm at Oswestry Fire Station
- → Monday 26th February 2024 from 1pm to 3pm at Bridgnorth Fire Station
- Wednesday 6th March 2024 from 1.30pm to 3.30pm at The Lantern, Shrewsbury
- Monday 11th March 2024 from 1pm to 3pm at Market Drayton Fire Station
- Wednesday 17th April 2024 from 9.30am to 11.30am at The Lantern, Shrewsbury
- Monday 22nd April 2024 from 10am to 12 noon at Ludlow Fire Station
- Wednesday 8th May 2024 from 9.30 top 11.30am at Oswestry Fire Station
- > Thursday 6th June 2024 from 9.30am to 11.30am at The Lantern, Shrewsbury
- Friday 7th June 2024 from 10am to 12 noon at Bridgnorth Fire Station
- Wednesday 19th June 2024 from 9.30am to 11.30am at Market Drayton Fire Station
- > Thursday 12th September 2024 from 10am to 12noon at The Lantern, Shrewsbury
- Monday 14th October 2024 from 10am to 12noon at Bridgnorth Fire Station
- Thursday 17th October 2024 from 10am to 12noon at Oswestry Fire Station
- > Wednesday 6th November 2024 from 10am to 12noon at The Lantern, Shrewsbury
- > Thursday 7th November 2024 from 10am to 12noon at Market Drayton Fire Station
- Monday 11th November 2024 from 10am to 12noon at Ludlow Fire Station

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Introduction to Early Help and Thresholds

Aimed at any professional or volunteer who works in Shropshire. Whether you are in a school, an early-years setting, health, housing, social care or the voluntary sector, if your work involves children and their families, this module will support you to see the benefits of partnership working and early help.

Early help covers a wide range of universal and targeted services, who are in a position to identify and support families and children who may be experiencing some low-level challenges and who would benefit from some support. The purpose of early help is to improve the life chances of children and families and benefit the wider community, whilst being innovative and cost-effective.

In Shropshire, the focus is on conception to early adulthood, because early help is not just about the early years but also about preventing adolescents and young adults from developing problems. We want every family to develop a cycle of positive parenting, relationships, and behaviour.

Early help is about talking to families and acting as soon as possible to tackle problems for children and families before they become more difficult to reverse.

Early help also focuses on enhancing the capabilities of every parent to provide a supportive and enriching environment for their children.

Research* shows that effective early help can improve outcomes for children in a number of areas. These include

- improved school attendance
- reduced short-term school exclusions
- reduced inappropriate sexualised behaviour
- reduced isolation
- improved presentation
- immunisations being up to date where they had been absent previously
- improved progress in meeting developmental milestones
- academic improvements
- improved housing and home conditions
- improved speech and language

* Early help: whose responsibility? Ofsted March 2015

Dates

- Monday 29th January 2024 from 1pm to 3.30pm at Oswestry Fire Station
- Tuesday 6th February 2024 from 12 to 2.30pm at Ludlow Fire Station
- > Wednesday 7th February 2024 from 1pm to 3.30pm at Shirehall, Shrewsbury
- ➤ Monday 18th March 2024 from 10am to 12.30pm at Bridgnoth Fire Station
- > Thursday 16th May 2024 from 1pm to 3.30pm at The Lantern, Shrewsbury

- > Thursday 23rd May 2024 from 9.30am to 12noon at Market Drayton Fire Station
- > Monday 1st July 2024 from 10am to 12.30pm at Ludlow Fire Station
- > Wednesday 18th September 2024 from 9.30am to 12noon at Bridgnorth Fire Station
- Thursday 19th September 2024 from 9.30am to 12noon at Oswestry Fire Station
- Monday 23rd September 2024 from 9.30am to 12noon at The Lantern, Shrewsbury
- > Wednesday 2nd October 2024 from 9.30am to 12noon at Market Drayton Fire Station
- > Wednesday 9th October 2024 from 9.30am to 12noon at Ludlow Fire Station
- > Wednesday 20th November 2024 from 9.30am to 12noon at The Lantern, Shrewbury

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

LEGO: Think Bricks

These session will offer a therapeutic coaching approach, designed to support children's emotional well-being....brick by brick!

With full follow up support, an activities resource, and a LEGO Think Bricks resource kit for each delegate.

This one-day face to face course is aimed at practitioners who work directly with families.

Dates

Tuesday 5th March 2024 from 9.30am – 4pm at Shirehall, Shrewsbury

Please revisit later in the year to see if dates have been added or email <u>tracey.bowen@shropshire.gov.uk</u> to add your name to the waiting list.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**.

Practitioner Programme

This training will help support those working with families in the early help arena to work effectively with children, individuals and families and provides them with an understanding of strong multi-agency and integrated working across partnerships.

Content includes:

- effective engagement and communication
- skills to complete family and individual assessments, tools and planning
- supporting individuals and families towards independence and self-reliance.

The training will be delivered face to face over 4 full days. Learners must be available to attend all 4 days and will not be certificated if they are unable to complete the course.

Dates

Please revisit later in the year to see if dates have been added or email <u>tracey.bowen@shropshire.gov.uk</u> to add your name to the waiting list.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here.**

Reducing Parental Conflict - Introduction to Reducing Parental Conflict

This introductory session is ideal for those who have some contact with parents either directly, or by working with their children, or for those who supervise front line workers in Shropshire.

Those practitioners who work directly with families on a regular basis may prefer to attend the full day <u>Reducing Parental Conflict</u> – building confidence and using resources course.

Aim

If you are working with families, you are likely to interact with parents who display conflict in their relationship, whether they are together or separated. This can be challenging – to help you with managing your response, this 2-hour interactive virtual session, delivered via Microsoft Teams, aims to support practitioners to build awareness and develop the confidence, knowledge and skills to work with parents to reduce conflict and improve outcomes for children.

Learning Outcomes

Underpinned by a solid evidence base, the session will raise awareness of how conflict may be damaging for children, why it can be hard to address and introduce some simple tools that can be used with parents to break the cycle.

Dates (all via Microsoft Teams)

- > Thursday 11th January 2024 from 1pm to 3pm via Microsoft Teams
- > Wednesday 13th March 2024 from 10am to 12 noon via Microsoft Teams
- Tuesday 14th May 2024 from 10am to 12 noon via Microsoft Teams
- Wednesday 3rd July 2024 from 1pm to 3pm via Microsoft Team

Further dates will be added later in the year.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Reducing Parental Conflict – building confidence and using resources

This one-day face to face course, aimed at practitioners who work directly with families on a regular basis. Anyone who has limited contact with parents either directly, or by working with their children, or for those who supervise front line workers in Shropshire should attend the introductory Introduction to Reducing Parental Conflict training

Aim

It can be difficult to identify parental conflict as often the focus is on a child's behaviour and the quality of parent-child relationships. However, research shows that parental conflict has a significant impact on children's outcomes, regardless of their age or whether their parents are together or separated.

Learning Outcomes

This course has been designed to help practitioners develop the skills to:

- understand and apply the evidence-base on parental conflict
- understand and identify parental conflict and provide appropriate support
- understand the concept of co-parenting
- start a conversation about healthy relationships when working with parents
- feel confident to use a range of tools and resources to support their interaction with parents and children.

All delegates will have access to range of tools to use on the day to discuss with colleagues and take away to use in their own setting.

Dates

- > Tuesday 19th March 2024 from 9.30am to 4pm at Shirehall, Shrewsbury
- Tuesday 11th June 2024 from 9.30am to 4pm at Shirehall, Shrewsbury

Further dates will be added later in the year.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Reducing Parental Conflict - Complex Co-parenting: working with parents in conflict

Do you work with families where parents are unable to agree at all? Are you struggling to support them to work together to improve outcomes for the children? Are you unsure if what you are seeing is domestic abuse, parental conflict or parental alienation? Does the family feel that this way of behaving is just the way things are?

This course will move to a full-day session from summer 2024.

Families with unresolved intergenerational trauma make up a high percentage of re- referrals to services, often described as the revolving door. To improve outcomes for families, agencies need to view family conflict through a trauma lens and explore traumatic events experienced during childhood and how this can have a negative impact on parenting and use constructive approaches to help parents co-parent effectively.

This course will help you to:

- Understand a range of co-parenting styles
- Differentiate between domestic abuse and destructive parental conflict
- Define parental alienation
- Understand the importance of reaching fathers
- Identify appropriate tools to use when working with parents.
- > Monday 23rd October 2023 from 9.30am to 12 noon at Shirehall, Shrewsbury
- > Thursday 1st February 2024 from 9.30am to 12 noon at Shirehall, Shrewsbury
- > Wednesday 22nd May 2024 from 9.30am to 12 noon at The Lantern, Shrewsbury
- > Tuesday 9th July 2024 from 9.30am to 4pm at Shirehall, Shrewsbury

Further dates will be added later in the year.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Reducing Parental Conflict – Relationship Champions

This one-day training is to prepare professionals for taking a leading role in supporting families with ongoing conflict. You will also be able to support your own team to understand relationship conflict, the impacts, and what we can do to prevent it.

We are using an expert in the field of family relationship, to deliver this training.

We will cover the Reducing Parental Conflict agenda, try out the tools we have to improve communication in all relationships, look at our local offer for families and discuss how best to share resources within our respective teams. Follow-on, termly meet-ups with your fellow Relationship Champions will be held to discuss the latest findings, new materials and to offer each other support with difficult cases.

Dates

Please revisit later in the year to see if dates have been added or email <u>tracey.bowen@shropshire.gov.uk</u> to add your name to the waiting list.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Staff Supervision

This training will help those working in the early help arena to understand the key principles of supervising teams and practitioners working with families with complex needs.

Staff support and supervision is a vital part of effective working. It enables the manager and organisation to identify risks, manage worker stress and reflective practice and address worker competence and gaps in learning.

The 2-day course offers sessions on reflectivity and developing self-awareness, examining tools for child and family working and time spent on effective record keeping, reflective practice and forward planning.

The course is suitable for anyone offering one to one or group support to staff.

The training will be delivered face to face over 2 full days. Learners must be available to attend both days and will not be certificated if they are unable to complete the course.

Dates

Please revisit later in the year to see if dates have been added or email <u>tracey.bowen@shropshire.gov.uk</u> to add your name to the waiting list.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Trauma Informed Practice and Motivational Interviewing

A 2-day course, delivered by Interface Enterprises, to help front line practitioners understand what trauma looks like, how to avoid re-traumatisation and build effective relationships that offer safety and an opportunity to build resilience. Delegates must attend both days.

The sessions will cover:

- An understanding of Adverse Childhood Experiences what they are and the impact
- What is meant by the term "trauma" and how it affects the nervous system
- How trauma symptoms may present
- Exploring the four principles of TIP Recognise, Respond, avoid Re traumatisation and building Resilience.
- Learn about tools and techniques, including motivational interviewing, to support understanding trauma and respond
- The principles of self-regulation and exercises that can promote this
- Different ways of taking a trauma informed approach
- How we manage the impact of supporting traumatised children/parents on our own well-being
- Explore how trauma affects staff specifically considering compassion fatigue, secondary and vicarious stress
- Understand secondary and vicarious trauma and how to respond to it and prevent it
- Consider how to build resilience in ourselves and our team
- Develop practice skills and techniques to come alongside the client in a trauma informed way.

Dates

Please revisit later in the year to see if dates have been added or email <u>tracey.bowen@shropshire.gov.uk</u> to add your name to the waiting list.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**

Using Assessments to Support Families in Shropshire

Do you feel you have the skills needed to complete assessments effectively?

If you work with children and their families, it is very likely that you will be asked to complete an assessment of some sort. There is a plethora of assessment tools available to practitioners, some very specific and others with a more general focus, and it is important that practitioners feel confident to use the most appropriate assessment for the situation.

This course will help you to:

- understand why we complete assessments,
- identify appropriate tools to use in a variety of circumstances, including genograms and eco-maps,
- consider a range of assessment questions,
- review and critique a completed assessment,
- apply the Shropshire Threshold Matrix.

Dates

- > Tuesday 30th January 2024 from 9.30am to 4pm at The Shirehall, Shrewsbury
- > Thursday 9th May 2024 from 9.30am to 4pm at The Lantern, Shrewsbury

Further dates will be added later in the year.

Booking

Practitioners who have a multi-agency learner record set up on Leap into Learning can **book onto this course here**